

Intent Statement: PE

Intent

Children at Ss. Peter and Paul will feel competent and confident in PE. They will understand the importance of physical activity as part of a healthy lifestyle. As a result, the Ss Peter & Paul PE curriculum aims to increase our children's:

- Knowledge – To understand how the skills and activities they learn will benefit them both in terms of their sporting competence and their overall health and well-being.
- Motivation – As children's skills develop, so does their motivation to take part in sport and healthy physical activity at school, after school and in their home lives. Our wide and varied PE curriculum intends to open doors for children to experience sports and activities that they may go on to enjoy throughout their lives.
- Inclusion – PE is an inclusive activity. Every child is made to feel included regardless of any barriers that they may face.
- Choice – As our children will grow to become adults, they will make their own choices. Our PE curriculum is designed to instil in them from a very early age an understanding of their bodies in action and promotes positive attitudes towards a healthy lifestyle, enabling them to make informed choices about physical activities throughout their lives.

Implementation

At a fundamental level, the PE curriculum at Ss Peter & Paul has been carefully designed to teach essential skills that are built upon year on year. All pupils from Year 1 to 6 have at least 2 hours' worth of planned physical exercise each week, in line with our school PE policy and Physical Activity Policy. Within P.E lessons, children will adopt many different roles such as a performer, coach, umpire and leader and explore a range of different outdoor activities.

In addition:

- Children in Year 4 have access to swimming lessons to ensure they are able to meet the National Curriculum requirement for swimming by the end of Year 6.
- Year 6 have an annual residential trip in which they undertake a series of physical and challenging activities. Year 5 take part in an annual residential which includes outdoor and adventurous activities. All KS2 children take part in a day of outdoor activities (Outdoor Ted).
- Children have access to a number of after-school clubs and activities, such as football, netball and cross country running. They also have access to inter-school competitions and all participation is celebrated through school's newsletters, newspapers, Twitter and through celebration assemblies.
- Children in Year 4 take part in an annual skipping festival and enjoy specialist training.
- School's annual Health Week promotes activities that enhance a more well-rounded and complete understanding of how PE and physical activity make up such an important part of a healthy lifestyle. It also gives children the opportunities to experience a wider range of sports and activities.
- Y5 and Y6 children are trained as sports leaders by the sports leader coach in school. The children set up equipment at lunch time to lead a variety of sport activities. This is inclusive for every year group and all children are encouraged to join in. Sports leaders have their own hoodies to raise the importance and to give them ownership of the role.
- Staff CPD is provided to develop the staff's teaching skills. Total Sports limited teach PE on Thursdays, with different year groups each half term; providing the teachers with opportunities to observe and co teach PE subjects. Teachers choose which sports are covered within these sessions.

- The school subscribed to a planning website (<https://peplanning.org.uk/>) to support staff to deliver PE lessons confidently, using quality planning materials.

Impact

As shown below, during 2025/2026 the vast majority of children reached at least the expected standard with a significant percentage reaching the greater depth standard.

PE Attainment – 2025/2026

Year Group	% of children achieving at least the expected age related standard	% of children achieving the greater depth standard
EYFS (Physical development)	x	x
1	89%	26%
2	97%	53%
3	93%	20%
4	97%	39%
5	100%	30%
6	100%	60%

During this academic year, 172 different children represented the school for extra-curricular sport.

This included taking part in the following competitive sports events: KS2 netball, KS2 Cross Country, KS1 Cross Country, U11 boys' football, U11 girls' football, U10 boys' football, U10 girls' football, U9 boys' football, U9 girls' football, U8 boys' football, U8 girls' football, U7 boys' football, U7 girls' football. U6 boys' football, U6 girls' football, KS2 Sports hall athletics, Y3/4 multi-skills, Y6 basketball, Y5 multi-skills, Y4 swimming, KS2 Triathlon, Y3/4 cricket, Y4 cricket.

In recognition of the school's outstanding sporting provision, the school was awarded the **Platinum Games Mark Award** in September 2026

